Let’s Talk – Why Student Partnership Matters!

Oral, Successful and sustainable partnerships

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Abstract:

UNSW students aid in, having a voice on mental health promotion on campus through leadership and volunteering opportunities in the Student Minds® @ UNSW program—the Student Voice on Mental Health. Day to day activities in Student Minds® are guided by the principles and practice of Student Partnership where staff and students share in decision making, collaborate and partner to deliver the yearly goals and initiatives of Student Minds. One of the product of student partnership is the conceptualisation and delivery of one of the Student Minds® signature initiative, Let’s Talk – a student consult opportunity with the student body where it is an avenue to enhance Student Minds’ representation to give a platform for students to provide input and listen to students’ voice. Whilst Let’s Talk is still young in its conceptualisation and delivery, there are lessons to be learned, a peek on student’s perspective and insights on student’s views on how a Student Consult is implemented and delivered. This presentation will address What is Let’s Talk student consult? How it looks? Preliminary data? Why Student Partnership Matters!

Biography:

Rina is the UNSW Student Minds® staff partner and a psychologist at UNSW Counselling and Psychological Services [CAPS]. Daniela is a student volunteer/partner of Student Minds® since 2017 and is a key player and leader in the 2018 Let’s Talk – Student Consult initiative.